



# Callahan Counseling Services

## WV DUI Safety & Treatment Program

### Pre / Post Test

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_ LOCATION: \_\_\_\_\_ SCORE: \_\_\_\_\_

- Which of the following has the highest alcohol content?  
 A 12-oz bottle of beer (5% alcohol)  
 A 5-oz glass of wine (12% alcohol)  
 A 1-oz shot of liquor (40% alcohol)  
 A 12-oz wine cooler (5% alcohol)  
 They all have about the same alcohol content
- In the U.S., a person can be arrested and convicted for Driving Under the Influence (DUI):  
 Only if his/her BAC is over 0.08% or greater  
 At any BAC if the officer can prove driving is impaired  
 Only if he/she is stopped and admits to having a drink before driving  
 Only if over 21 years of age
- I think coming to this class is a good opportunity to learn important information and plan ahead.  
 Strongly disagree  
 Disagree  
 I don't agree or disagree  
 Agree  
 Strongly Agree
- A good personal change plan includes:  
 Weighing the pros and cons of change  
 Specific and realistic goals  
 Planning for difficult situations  
 All of the above
- For me, not being able to drive after drinking would make my life:  
 Much Worse  
 Worse  
 About the same  
 Better  
 Much Better
- If a person goes to bed at 2 am with a blood alcohol concentration (BAC) of 0.200, about what time will the BAC return to 0.000?  
 5 am                       2 pm  
 8 am                       4 pm  
 Noon
- Approximately what percentage of the U.S. population does not drink alcohol?  
 75%                       20%  
 50%                       5%  
 33 %
- I have no plan to make sure I don't drink and drive again  
 Definitely true  
 Somewhat true  
 Neither true nor false  
 Somewhat false  
 Definitely false
- Which of the following is not an effective strategy for changing behavior?  
 Replace negative thoughts with positive thoughts  
 Not worry about it because I have already changed  
 Consider the effects on others  
 Learn the facts
- I am less likely to misuse alcohol or other drugs as a result of my experience.  
 Strongly disagree  
 Disagree  
 I don't agree or disagree  
 Agree  
 Strongly Agree
- Which of the following best describes the action of alcohol on the body?  
 Depressant  
 Stimulant  
 Both stimulant and depressant  
 Neither stimulant nor depressant
- I need to change some of my alcohol or other drug use patterns.  
 Strongly disagree  
 Disagree  
 I don't agree or disagree  
 Agree  
 Strongly Agree
- In my opinion, random police checks to find impaired drivers are:  
 A bad strategy  
 Neither good nor bad  
 A good strategy

PRE / POST TEST

14. People can change their behavior by moving through the stages of change, using specific strategies and planning ahead.
- Strongly disagree
  - Disagree
  - I don't agree or disagree
  - Agree
  - Strongly Agree
15. I would not feel safe riding with a driver who has consumed 6 drinks in 2 hours.
- Strongly disagree
  - Disagree
  - I don't agree or disagree
  - Agree
  - Strongly Agree
16. Alcohol is a factor in approximately what percentage of fatal vehicle crashes in the US?
- Less than 5 percent
  - About 18 Percent
  - About 31 Percent
  - About 52 Percent
  - About 70 Percent
17. How much control do you believe you have over whether or not you drink and drive?
- No control
  - A little control
  - Quiet a bit of control
  - Complete control
18. Making a personal and public commitment to change does not:
- Make it more likely that the change will happen
  - Provide an opportunity to enlist the support and help others
  - Strengthen the decisions to act
  - Set you up for failure
19. To me, driving after consuming four alcoholic drinks of any kind within an hour is:
- Morally unacceptable
  - Not a moral issue
  - Morally acceptable
20. The people in my life whose opinions I value would \_\_\_\_\_ of my driving after drinking.
- Strongly disapprove
  - Disapprove
  - Neither disapprove or approve
  - Approve
  - Strongly approve
21. For me to avoid drinking and driving, I would have to change my drinking habits.
- Strongly disagree
  - Disagree
  - I don't agree or disagree
  - Agree
  - Strongly Agree
22. Approximately how long does it take the body to eliminate one standard drink from the system?
- 30 minutes
  - Up to one hour
  - It depends on the size of the person
  - It depends on how well the person can "hold his or her liquor"
  - It is impossible to predict
23. My arrest was nobody's fault but my own.
- Strongly disagree
  - Disagree
  - I don't agree or disagree
  - Agree
  - Strongly Agree
24. Which of the following is positive self-talk?
- "I will be better off if I don't drink at this party. It isn't worth the risk."
  - "I can drive on the back roads and not get caught."
  - "It is more dangerous to leave the car here overnight than to drive."
  - "I just ate so I can have another beer before I go."
25. I will not go out drinking again unless I have a way to get home without driving myself
- Strongly disagree
  - Disagree
  - I don't agree or disagree
  - Agree
  - Strongly Agree
26. How ready are you to change your drinking and/or driving behavior
- Not at all ready
  - A little ready
  - Very ready
27. For me to avoid drinking and driving in the future would be:
- Impossible
  - Possible
- POST TEST ONLY**
28. The Facilitator listened to me and understood my perspective
- Strongly disapprove
  - Disapprove
  - Neither disapprove or approve
  - Approve
  - Strongly approve
29. The facilitator cared about my participation & progress.
- Strongly disapprove
  - Disapprove
  - Neither disapprove or approve
  - Approve
  - Strongly approve

